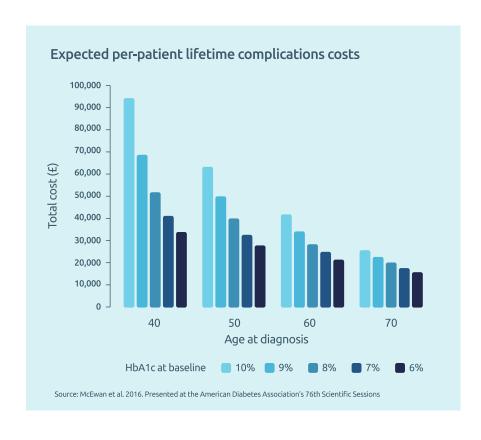
## User centred design & digital interventions: National and international landscape

- Promoting self-management of conditions through lifestyle change
- Engaging patients in the design of interventions







## User centred design & digital interventions: Current strengths, Newcastle groups

MoveLab's digital lifestyle interventions









## User centred design & digital interventions: Future research opportunities

- Integrating personal health data
- Artificial intelligence, chat bots and automated support
- NIHRIO Innovation Observatory horizon scanning for healthcare innovation







